

08'-09'--BILL ROBERTS - (TUES.-THURS.) PUSH-UPS [3rd SEMESTER]

#S	02.24.09 Wk#1	02.26.09 Wk#1	03.03.09 Wk#2	03.05.09 Wk#2	03.10.09 Wk#3	03.12.09 Wk#3	03.17.09 Wk#4	03.19.09 Wk#4	03.31.09 WK#5
1		<b>20</b>							
2	<b>65</b>			<b>54</b>					
3	<b>37</b>	<b>44</b>							
4									
5									
6	<b>37</b>								
7	<b>36</b>	<b>32</b>							
8	<b>37</b>			<b>40</b>					
9	<b>30</b>	<b>30</b>		<b>51</b>					
10	<b>49</b>	<b>48</b>							
11	<b>33</b>	<b>46</b>		<b>36</b>					
#S	02.24.09 Wk#1	02.26.09 Wk#1	03.03.09 Wk#2	03.05.09 Wk#2	03.10.09 Wk#3	03.12.09 Wk#3	03.17.09 Wk#4	03.19.09 Wk#4	03.31.09 WK#5
12	<b>36</b>			<b>50</b>					
13	<b>21</b>	<b>60</b>		<b>60</b>					
14	<b>42</b>	<b>29</b>							
15									
16				<b>61</b>					
17	<b>16</b>			<b>34</b>					
18	<b>23</b>			<b>20</b>					
19	<b>26</b>	<b>39</b>							
20	<b>46</b>	<b>31</b>							
21	<b>20</b>	<b>31</b>							
22	<b>51</b>	<b>35</b>							
23	<b>39</b>	<b>39</b>							
24	<b>45</b>			<b>51</b>					

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[illegible]

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Totals	Cal. Lost	Total Fat Lost
20	42	0
119	250	0
81	170	0
0	0	0
0	0	0
37	78	0
68	143	0
77	162	0
111	233	0
97	204	0
115	242	0
Totals	Calories Lost	Total Fat Lost
86	181	0
141	296	0
71	149	0
0	0	0
61	128	0
50	105	0
43	90	0
65	137	0
77	162	0
51	107	0
86	181	0
78	164	0
96	202	0

[ Mon.-Weds. ] Student Names	#'S	(1ST) PUSH-UPS	(LAST) PUSH-UP	AVERAGE PUSH-UPS	STUDENT (AVE.) % INCREASE	STUDENT (AVE.) % INCREASE	PUSH UPS - Increased By 20% [ Yes/No ]	PUSH-UP GOALS of 60% (Percentage Meet)
1. Abdullahi, Kuresha-[6]	1	0	0	20	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!
2. Baldvia, Lillian-[6]	2	0	0	54	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!
3. Blair, Whitney-[6]	3	0	0	44	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!
4. Bonilla, Alicia-[6]	4	0	0	####	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!
5. Chapman, Shaylene-[6]	5	0	0	####	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!
6. Lomeli-C, Claudia-[6]	6	0	0	####	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!
7. McGrego, Tyler-[6]	7	0	0	32	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!
8. Nuyam Hussein-[6]	8	0	0	40	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!
9. Santiago, Vaneass-[6]	9	0	0	41	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!
10. Seils, Noland-[6]	10	0	0	48	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!
11. Wilson, Kailob-[6]	11	0	0	41	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!
[ Mon.-Weds. ] Student Names	#'S	(1ST) PUSH-UPS	(LAST) PUSH-UP	AVERAGE PUSH-UPS	STUDENT (AVE.) % INCREASE	STUDENT (AVE.) % INCREASE	PUSH UPS - Increased By 20% [ Yes/No ]	PUSH-UP GOALS of 60% (Percentage Meet)
12. Burks, David [DJ]-[7]	12	0	0	50	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!
13. Chapman, Krisal-[7]	13	0	0	60	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!
14. Chavez, Ray-[7]	14	0	0	29	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!
15. Robinson, Hamadi-[7]	15	0	0	####	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!
16. Lambrecht, Jackson-[7]	16	0	0	61	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!
17. West, Deja-[7]	17	0	0	34	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!
18. Batts, Breanna-[8]	18	0	0	20	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!
19. David, Denzel-[8]	19	0	0	39	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!
20. Jackson, Terah-[8]	20	0	0	31	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!
21. King-Lewis, Eric-[8]	21	0	0	31	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!
22. Litt, Obera-[8]	22	51	0	35	-100.0%	-31.4%	NO	NO
23. Ricalde, Henry-[8]	23	39	0	39	-100.0%	0.0%	NO	NO
24. Garcia-Zamora, Marcial-[6]	24	#REF!	0	#REF!	#REF!		#REF!	NO